



THE POWER WITHIN

WORK SHEET

HOW TO GAIN POWER & INFLUENCE AT WORK AND IN LIFE





Power is important to your health and your career.

There are strategies that anyone can use to gain more power in their life.

Even the humblest of beginnings is a sufficient starting point. It's never too late or early to start.

Answer these questions to help you make a plan to gain more power in your life.

My Notes

